

Holy Smokin' Five-K

5K Run/Walk * 1 Mile Fun Run/Walk * 1/4 Mile Kiddie Run

Saturday, September 11, 2010

Mother Teresa of Calcutta Catholic Church
2014 NW 46th Street • Topeka, KS

5K Run/Walk — registration & shirt

\$15 -pre register Aug 24 or before

\$12 -each additional family member Aug 24 or before

\$20 -all registrations after Aug 24

1 mi Fun Run/Walk & 1/4 mi Kiddie Run

Registration free • \$6 for shirt

(cannot guarantee shirt for registrations after Aug 24)

Event Day Schedule

7:00 am packet pick-up/registration

8:00 am Kiddie Run 1/4 mile

8:15 am 5K Run/Walk
1 mile Fun Run/Walk

10:00 am Awards

Mail form and entry fee (checks payable to Mother Teresa Catholic Church) **to:** Holy Smokin' Five-K, Mother Teresa Catholic Church, 2014 NW 46th Street, Topeka 66618

Name: _____ Phone _____

Address: _____ Email _____

___ 5K Run Age group (circle one): 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over ___ Male ___ Female

___ 5K Walk

___ 1 mile Fun Run/Walk ___ 1/4 mile Kiddie Run

Shirt size (circle one): YS YM YL S M L XL XXL

Race held rain or shine/No refunds

Waiver: In consideration of this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators, waive and release any and all legal rights and claims or damages I may have against the sponsors, coordinating groups, any volunteers, for any and all injuries suffered by me in this event and hold the same harmless. I attest that I am physically fit and am aware of the dangers and precautions that must be taken by me when running/walking in this event.

Participant Signature Date _____

Parent/guardian signature if under 18 Date _____

mtcctopeka.org

Bib #

